



The Guidance Center

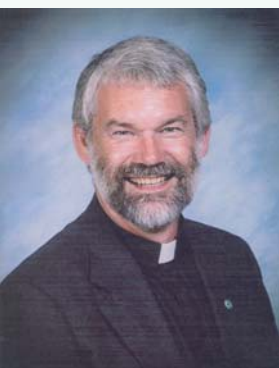
A NONPROFIT CORPORATION

Providing child and family mental health services since 1946

Summer 2007

LETTER FROM THE BOARD PRESIDENT

Last year, The Guidance Center celebrated its 60th anniversary. Founded in 1946 by a group of local school teachers and educators, the Center sought to provide mental health services to underserved children and families in Long Beach and surrounding communities. That mission continues today.



While the mission of The Guidance Center has not changed, its official name has undergone several, mostly to better describe the agency as it has evolved. Beginning as the "Children's Mental Hygiene Clinic" in 1946, the name was updated to the "Psychiatric Clinic for Children" in the 1960s and, in the 1970s, became the "Psychiatric Clinic for Youth." During that period the Center was located within Miller Children's Hospital at Long Beach Memorial Medical Center. In 1993 the Center outgrew its hospital location and the agency was renamed the "Greater Long Beach Child Guidance Center." This was to recognize that our mental health services were expanding to seven clinics from the one at Miller Children's as well as a San Pedro satellite. Programs grew and diversified and the client base extended to include Avalon (on Catalina Island, part of the Long Beach Unified School District), San Pedro, and Compton. We now have six program sites in four southeast Los Angeles County cities, and we regularly provide a full range of mental health services on 20 LBUSD campuses. In 2002, the name "Greater Long Beach Child Guidance Center" was simplified to "The Guidance Center."

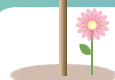
Although we have kept a fairly low profile in the community, our many programs remain strong and serve well over 2,000 families annually. 2007 has brought some good changes to the agency. The development of a new computer billing and clinical record system is well underway, which will contribute to better service delivery and client care. We also have qualified for expanded funding from the Mental Health Services Act, passed by California voters in 2004, which will expand services at our Compton System of Care facility.

Another change coming this year will be for me, as Board President. I have had the privilege of serving on the Board for 15 years, nine of them as President. Due to increased demands within my church, however, I will be stepping down this June. I will continue to serve on the Board, but in a different capacity... and always to the best of my ability. The Guidance Center means very much to me. That won't change.

Without community support, both from volunteers on our Board of Directors and from donors, we would not be able to do what we do for the good of all our children. Thank you for your support.

Sincerely,

Rev. Dr. Paul A. Lance



THE GUIDANCE CENTER

Rev. Dr. Paul A. Lance, President

Tim Sailor, Vice President / President Elect

Dennis Ingram, Treasurer

Elaine Marks, Secretary

Paul D. Forman

Dolores Gale

Clarence Howard

Marguerite Lyon

Connie Sherman

Martha Thuent

Vic Vargas

A Big THANK YOU to Major TGC Supporters, Recent and Current

- Albertsons
- Bank of America Foundation
- Board of Directors of TGC
- Children's Benefit League
- City of Avalon
- City of Long Beach
- Supervisor Don Knabe
- Farmers & Merchants Bank
- Friends of The Guidance Center
- Greater Long Beach Foundation
- Cherese Mari Lualhere Foundation
- Long Beach Unified School District
- Memorial Medical Center Foundation & Trusts
- Miller Children's Hospital
- Earl B. & Loraine H. Miller Foundation
- Offield Family Foundation
- The Progressives
- S. Mark Taper Foundation
- United Way of Greater Los Angeles



FOUNDATIONS SUPPORT ELECTRONIC HEALTH RECORD PROJECT

The Center has embarked upon an important, multi-year project to develop and implement our own electronic clinical record system (ECRS). The project is being implemented in two phases, and the first was completed last summer. Phase I included determining our specific technological needs, networking and upgrading systems agency-wide to be able to support the ECRS software to come. Phase II includes selecting the best ECRS software and company to fit our needs, contracting and then implementing the new system. Government offices at all levels now are encouraging hospitals, agencies, and private practitioners to adopt electronic billing and, ideally, electronic (paperless) health records, as a way to improve the quality of patient care by improving accuracy, efficiency and cost-effectiveness. Locally, L.A. County Department of Mental Health, with whom we contract, has announced they will accept only electronic billing submissions as of January 2009. However, such systems are very expensive, especially for nonprofit community agencies. The Guidance Center is fortunate to have enlisted grant support so far from the **Earl B. and Loraine H. Miller Foundation**, and the **S. Mark Taper Foundation** to help complete Phase II.

TGC AWARDED PROPOSITION 63 FUNDS FOR PROGRAM EXPANSION

In the fall of 2004, California voters passed the **Mental Health Services Act** (MHSA), which has the potential to transform and rebuild publicly funded mental health services throughout the state. In L.A. County, funds for local services started becoming available this year, and the Center successfully competed for MHSA funding to expand services at our Compton System of Care program. A first priority of the MHSA is to provide "full service partnerships" to clients and families with severe mental disorders, and especially those for whom there has been little or no services available until now. At our Compton facility, managed by **Victor Ross**, LCSW, 25 families will be enrolled to receive an intensive mix of services and supports. The

Compton/Lynwood CSOC opened in 1998 as an innovative interagency collaboration to provide intensive mental health services for children and teens at high risk for out-of-home placements. Because of these services, scores of children have been able to return to family care, or an out-of-home placement was avoided. Our North Long Beach Intensive Services program, managed by **Kevin Jervik**, Ph.D., uses the same model for similar high-risk families in Long Beach.



Affiliated with



Contract Agency, Los Angeles County

PSYCHOLOGY INTERN TRAINING PROGRAM NATIONALLY ACCREDITED

One goal of the Center's mission is "to offer quality professional training in a broad range of mental health disciplines." In addition to organized training for clinical social workers and marriage and family therapists, since 1992 we have offered full-time internships for doctoral candidates in clinical psychology. The primary goal of the Predoctoral Psychology Intern Training Program is to provide supervised experience and training that contributes to each intern's competency and ability to work in a multi-disciplinary community clinic setting. Since 1995 the program has been accredited by the American Psychological Association and, most recently, was reaccredited in 2005 for seven years, the maximum period now possible. Accreditation by the APA is a voluntary endeavor conducted by the profession through a rigorous process that emphasizes quality education and training in professional psychology. Accredited programs are highly regarded and sought after as training sites. Each year our program receives over 100 applications from all over the country for four positions. This year we have interns from the following schools: University of Iowa, University of Denver, Stanford, and The Chicago School of Professional Psychology. As part of their training, interns provide therapy, psychological testing, research/program evaluation and case management services. The program has a long-standing affiliation with Miller Children's Hospital and interns complete rotations there through several pediatric ambulatory clinics. The director of the program is **Sue Sundareson**, Psy.D., assisted by **Jake Palm**, Ph.D. (a former TGC intern from Fordham University).

SAN PEDRO CLINIC MOVES TO NEW LOCATION

After being on North Harbor Blvd. in San Pedro for the last eight years, our San Pedro Clinic has moved to 160 W. Sixth Street, near Harbor Blvd. in Beacon Square. Although based in Long Beach since 1946, TGC has provided services from various locations in San Pedro continuously for over 25 years. The new location has more space and is more conveniently located than before, which should improve access and increase the number of families served annually. A full range of outpatient clinic- and school-based mental health services for children, teens, and families will continue to be available, primarily for low-income, unemployed, and otherwise disadvantaged families. **Oreta Draper**, LMFT, has become the San Pedro program manager. Oreta formerly was the assistant program manager at our Compton System of Care Program.



FAÇADE IMPROVEMENT PROJECTS COMPLETED

During the past year, work was completed on façade improvement projects at two Center locations on Atlantic Avenue in Long Beach. The projects not only improved the outside appearance of the buildings, but also the interior work environment for the staffs of our North Long Beach Intensive Services program and TGC's administration building. Most of the work was made possible by two Long Beach commercial façade improvement grants. Although the actual construction was completed fairly quickly, several years of careful planning

with the city, architects, and community advisory groups preceded groundbreaking. Much credit and many thanks to TGC Board member **Paul Forman** for his patience, persistence, and generosity while seeing the project through from inception to completion. From the beginning, planning included the desire to produce something visually creative, interesting and additive to the Bixby Knolls corridor.



ADMINISTRATION OFFICE BEFORE AND AFTER



NORTH LONG BEACH CLINIC BEFORE AND AFTER



Providing child and family mental health services since 1946

4335 Atlantic Avenue, Long Beach, CA 90807

David K. Slay, Ph.D., Executive Director

**6TH ANNUAL SKIP HINCHMAN
MEMORIAL SYMPOSIUM**

**THE LATINO JOURNEY:
Adapting Through Transitions**

**Thursday, November 8, 2007
The Grand Conference Center
Long Beach, CA**

RETURN SERVICE REQUESTED