



MSW/MFT Training Program Child and Family Focus 2019-2020 Training Year

ABOUT THE AGENCY AND SETTING

The Guidance Center has been providing quality mental health services since 1946. Formerly known as The Greater Long Beach Child Guidance Center, the agency was founded by a group of local public school teachers and counselors who were concerned about the mental health needs of children with behavior and learning problems in school. A relatively small clinic for many years, the agency became affiliated with the Long Beach Memorial Medical Center and Miller Children's Hospital and moved its offices to the grounds of the Medical Center.

During the past 15 years, the agency enjoyed considerable growth and increased the number of programs, clients served and community-based locations significantly. Between 1995 and 2001, The Guidance Center grew from a relatively small clinic in Long Beach with a satellite office in San Pedro, to a major community mental health service provider employing more than 150 mental health professionals, support staff, administrators, and interns. Today, The Guidance Center provides services to children and families from three sites within Long Beach and its surrounding communities. In addition to a large outpatient center in downtown Long Beach, The Guidance Center has operated a clinic in San Pedro since 1977 and a clinic in Compton since 1998. The Guidance Center also has provided outpatient services in Avalon, on Catalina Island, since 2001.

The Guidance Center is a major contract agency, providing specialty mental health services for the Los Angeles County Department of Mental Health, and also works closely with the Long Beach and Paramount Unified School District (providing on-campus mental health services at over 40 schools), and the County Departments of Children and Family Services and Probation. System-wide, clinicians and interns provide thousands of hours of clinical assessment and treatment services monthly, including diagnosis, crisis intervention, individual, collateral, group, and family psychotherapy, individual and group rehabilitation services, case management, in-home and school-based services, intensive service programs for children and adolescents, psychiatric evaluation and medication services, outpatient substance abuse treatment, and psychological testing. Clients include children from 0 to 18 years and/or parents/caretakers, who are from a broad spectrum of lower and middle income households, with cognitive, emotional, interpersonal, behavioral, school, and family problems. In terms of ethnicity, The Guidance Center clientele are approximately 62% Hispanic origin, 24% African-American, 10% Anglo-American, and 2% Pacific Islander. The Guidance Center has a 70 year history of providing full scope mental health services to the most disadvantaged families within the greater Long Beach area.

Multidisciplined clinical staff and interns work closely with parents, school personnel, allied agencies, and other resources to address each child's difficulties in a professional and coordinated manner. All staff clinicians are state licensed, or otherwise qualified mental health professionals, in one of California's major mental health disciplines. In addition to doctoral psychology internship training, The Guidance Center serves as a training site for MSW and MFT interns and doctoral psychology practicum students from local programs. The agency is licensed by the State Department of Health Services as a Psychology Clinic.

Training Experience:

Students receive direct clinical experience providing individual and family therapy, conducting initial diagnostic assessments, and offering case management to children ages 0-18 and their families. Students will also learn about completing DMH paperwork, utilizing outcomes measures as clinical tools, and working on a multidisciplinary team.

Stipend:

An annual stipend of \$3000 paid in two installments (Dec and May) is offered to trainees.

Minimum Practicum Requirements:

1. 20 hours per week.
2. Commitment from September 4, 2019 through May 31, 2020.
3. Required to be on site every 1st Wednesday from 9-11am. (Other requirements are specific to each site. Please see below.)
4. Orientation to the agency occurs the first two weeks of September on Mondays, Wednesdays, and Fridays.

Application Procedures:

- Email resume and cover letter to Kendra Bailey, Ph.D. (kbailey@tgclb.org).
 - **MSW students:** In March, your school will notify you of an interview with us. Interviews will be conducted in April and decisions will be submitted to your university by May.
 - **MFT students:** Submit your materials by February 24, 2019. Interviews will be held late February through early March and decisions will be made by mid-March, 2019.

Positions:

1. **Long Beach School-Based Program: Three MSW positions and one MFT position.** Team meetings occur on the 2nd and 4th Wednesdays of the month from 3-4:30 and students are asked to attend when possible. Group supervision occurs the 1st and 3rd Wednesdays of the month from 3-4:30 and attendance is required. This position would require rotations throughout several Long Beach Unified Schools with whom we have contracts. The MSW position meets requirements for Pupil Personnel Services Certification.
2. **San Pedro Outpatient Clinic: One MFT position.** Team meetings and group supervision occur Wednesdays and would require your attendance.

For general inquiries you can reach the program manager of training, Kendra Bailey, PhD, at kbailey@tgclb.org.

General Information:

***Supervision.**

- One hour of individual supervision with an approved supervisor.
- Live supervision or audio/visual recordings of sessions are required.
- Two hours of group supervision/case conference each week.

***Didactics.**

- Monthly continuing education seminars are available the 2nd Wednesday of each month.

***Time off.** Students are given a total of 10 days of time off, inclusive of sick and vacation time.

Please note: Due to agency insurance policies and DMV requirements, and because students are expected to deliver mental health services in the field (requiring driving), students who match with The Guidance Center must obtain a valid California driver's license prior to the start of the training year. Further, to ensure that safe driving is a priority, students must maintain the following: a valid driver's license that is neither suspended nor expired; have no more than 3 minor driving violations and/or accidents combined within the last 3 years; no major driving violations within the last 5 years. Students must also have sufficient vehicle insurance coverage and pass a background/fingerprinting check.